

# The Lighthouse Times

Volume 1, Issue 1

YOUR MONTHLY SMILE UPDATES

August 2025

## NEW SMILES, NEW SEASON

We are excited to introduce The Lighthouse Times — your brand-new monthly newsletter designed to keep you up to date with all things dental, aesthetic, and community-related at Lighthouse Dental Practice.

Every month, we will be sharing helpful oral health tips, news from the practice, patient success stories, exclusive offers, and the latest in treatments and technology. Think of this as your go-to guide for keeping your smile healthy, confident, and glowing — all year round.

Whether you are already part of our Lighthouse family or considering joining us, this paper is for you. We are here not just to care for your teeth, but to make every visit feel informed, relaxed, and personal.



### *In this issue:*

- Meet our team of dentists
- Smile Spotlight of the month
- 0% Finance over 12 months — making treatment more accessible
- Little Smiles Corner - Introduction
- Top Tip: Is your toothbrush ready for retirement?



Pick up a copy each month in our waiting area, or scan the QR code to read it online and share with friends and family!

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# THE SMILE ENGINEERS



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## SMILE SPOTLIGHT

This month's Smile Spotlight showcases a beautiful composite bonding transformation by Dr. Margariti. Known for her attention to detail and personalised care, Dr. Margariti delivered results that truly impressed.

Here's what our patient said following treatment:

*"I'm absolutely over the moon with my results! Dr. Margariti really understood what I wanted to achieve — a real perfectionist and amazing at what she does. The whole team was friendly and helpful throughout. I'd highly recommend Lighthouse Dental!"*

Another confident smile, expertly crafted.

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## IS YOUR TOOTHBRUSH READY FOR RETIREMENT?

If your toothbrush is looking a little worse for wear, it might be time to let it go! Dentists recommend replacing your toothbrush every 3 months — or sooner if the bristles are frayed.

Why it matters? Worn bristles don't clean effectively and can harbour bacteria. A fresh toothbrush means better plaque removal and healthier gums.

Tip: Set a reminder on your phone or change your brush with the seasons — spring, summer, autumn, and winter!

Give your smile the care it deserves — your toothbrush plays a big role!

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## LITTLE SMILES CORNER

Welcome to Little Smiles Corner — a special space just for our youngest patients! Each month, we'll share fun tooth facts, brushing tips, and feature one lucky child as our Little Smile Star of the Month!

Want to be our Smile Star?

Tell us about a child with a great smile or brushing habits and they could be featured next month!

Send nominations to [reception@lighthousedentalpractice.co.uk](mailto:reception@lighthousedentalpractice.co.uk)

Keep brushing and keep smiling!

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## FINANCE

At Lighthouse Dental Practice, we believe everyone deserves a smile they love — without financial stress. That's why we offer 0% interest finance for up to 12 months through our trusted partner, Tabeo. It's a simple and flexible way to spread the cost of your treatment into manageable monthly payments — with no hidden fees and no interest.

Whether you're thinking about Invisalign, teeth whitening, composite bonding, or a smile makeover, finance makes it easier than ever to get started.

- Quick online application
- Most approvals in minutes
- No interest. No surprises.
- Minimum spend applies



Ask our team how to apply or scan the QR code to get more information!

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## CROSSWORD

While you are waiting for your appointment, why not enjoy our dental-themed crossword? It's a fun way to pass the time and test your knowledge about healthy smiles. The clues are simple and light-hearted—no dental degree required!

Give it a try, and see how many you can solve before your name is called.

Down:

1. Opposite of upper teeth
3. Sticky film on teeth
4. Large back tooth for chewing
5. Another word for tooth decay
6. Professional who cleans teeth
9. Part of the tooth under the gum

Across:

2. Hard outer layer of a tooth
5. A cap placed over a tooth
7. Soft tissue around the teeth
8. Picture of teeth also known as

